

## Prayer

Lord, today, I symbolically in my mind want to take all my sins including this grudge, and I want to nail it to the cross. I don't want to be pridefully stubborn. I don't want to irritate other people. I don't want to be jealous of others. I want to live in peace as much as possible. If you've never invited Jesus Christ into your heart, you need to say, "Jesus Christ come into my life and replace my hurt with your love." Say, "Replace my anger with your peace." Say, "Replace my resentment with your grace. Heal my heart, heal my mind, heal my body, and save me. As much as I know how Jesus Christ, I give my life to you, and I pray this humbly in your name, Amen."

### ***The Action: Liberates and Empowers***

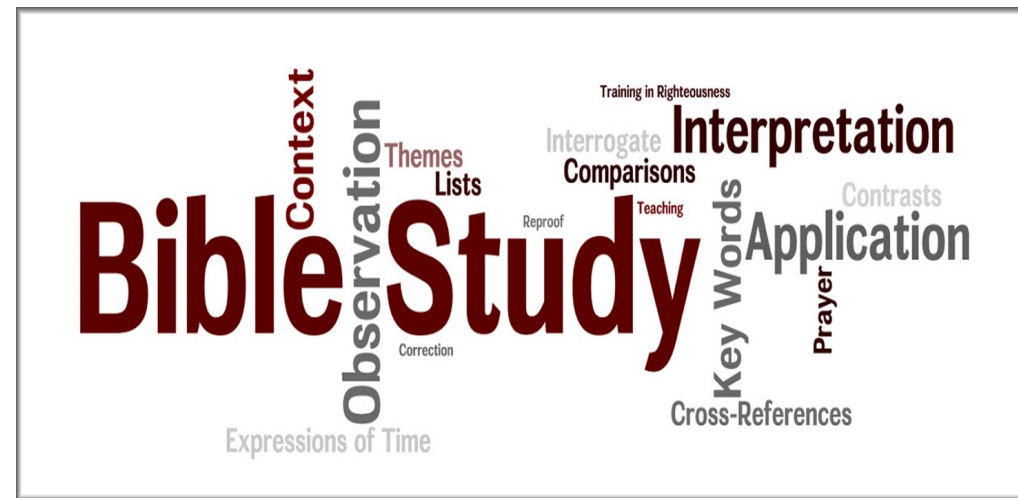
#### EVERY WEEK WE DO THESE:

WE RECOMMIT OUR LIVES TO JESUS.  
[bbc34221@gmail.com](mailto:bbc34221@gmail.com)

WE EXPRESS OUR GRATITUDE TO GOD THROUGH OUR GIVING.  
YOU CAN GIVE:  
<https://biblebaptistchurchofpalmetto.org/online-giving>

WE CONNECT IN SMALL GROUPS FOR SUPPORT  
<https://biblebaptistchurchofpalmetto.org/smallgroups>

PRAYER REQUESTS:  
<https://biblebaptistchurchofpalmetto.org/>



*Study Series: A Faith that Works When Life Doesn't*

**"A FAITH THAT DOESN'T HOLD ON TO HURT"**

*James 3: 9-10 and Romans 3: 12-17*

**Wednesday, September 30, 2020**

**Remember:**

**"You will know as much of God, and only as much of God, as you are willing to put into practice."**

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**Reverend Sirrnest T. Webster, Teaching Pastor**

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*"Where the Church is a Family"*

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**Bible Drill Scripture References—  
OVERCOMING RESENTMENT & ANGER**

**Proverbs 19:11**

**Ephesians 4:26-27**

**Luke 6:31**

**Ephesians 4: 31-32**

**Psalm 4:4**

**1 Thessalonians 5: 9-11**

***The Word:  
Speaks Truth, Demands Right and Provides Good***

**WHY SHOULD I NEVER HOLD ON TO A HURT?  
(THE COST OF BITTERNESS)**

**1. ANYTIME I HARBOR A HURT, \_\_\_\_\_**

"If you are angry, you cannot do ANY of the good things that God wants done!" James 1:20

"Human anger does not achieve God's righteous purpose." James 1:20

**2. ANYTIME I RETAIN RESENTMENT, \_\_\_\_\_**

"Some men stay happy until the day they die...others have no happiness at all; because they live and die with bitter hearts." Job 21:23-25

**3. ANYTIME I BREATHE BITTERNESS, \_\_\_\_\_**

"You are only hurting yourself with your anger." Job 18:4

**4. ANYTIME I INTERNALIZE ANGER, \_\_\_\_\_**

"All they get are days full of sadness and sorrow, and they end up sick, defeated, and angry." Ecclesiastes 5:17

**5. ANYTIME I HOLD A GRUDGE, \_\_\_\_\_**

"Look after each other so that you keep living in God's grace, being gracious to each other. See that no root of bitterness grows up among you, because if you become bitter about anything, you'll miss God's grace, and that will cause much trouble. A bitter person will poison and ruin everyone else." Hebrews 12:15

**6. ANYTIME I WON'T LET IT GO, \_\_\_\_\_**

"Angry people without God pile grievance upon grievance, always blaming others for their troubles." Job 36:13

**7. ANYTIME I WON'T FORGIVE, \_\_\_\_\_**

Jesus: "If you refuse to forgive others, your Father will not forgive your sins." Matthew 6:15

**HOW DO YOU LET GO OF A HURT?**

**1. \_\_\_\_\_ IT TO GOD**

"...Never avenge yourselves. Leave that to God, for he has said that HE will repay those who deserve it!" Romans 12:19

**2. \_\_\_\_\_ IT WITH GRACE**

"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you." Ephesians 4:32

"God says, 'My gracious favor is all you need. My power works best in your weakness.'" 2 Corinthians 12:9

"EVERYTHING you say should be kind and well thought out so that you know how to answer everyone." Colossians 4:6

**3. \_\_\_\_\_ IT TO THE CROSS**

"Those who belong to Christ Jesus have nailed their sinful attitudes and desires to his cross and crucified them there. So now, since the Holy Spirit has given us a new life and power, let us follow His leading in every part of our lives. Let us not be pridefully stubborn, or irritate each other, or be jealous of each other." Galatians 5:24-25